

## LITE BITES

<b>Soup of the Day</b>	
with a warm Roll & Butter	£3.95
<b>Breaded Garlic Mushrooms with Blue cheese or Garlic Mayonnaise</b>	£4.75
<b>Cornish Arms Chips</b>	
Chips topped with chopped ham, red onions	
Cheese and sweet chilli sauce	£4.25
As above but with mushrooms in place of ham	
<b>Chips</b>	£1.95

## MAIN COURSES

<b>Home baked Ham, Eggs &amp; Chips</b>	£7.95
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<b>The Cornish Arms All Day Brunch</b>	
(Bacon, Sausages, Hogs Pudding, Egg, Mushrooms, Hash Browns, Baked beans, Tomato & fried Bread	£7.95

<b>Home made Beer Battered Cod fillet</b>	
Crisp Home made Guest Ale Batter served with Chips & peas or mushy peas	£7.95

<b>Grilled 10 oz Gammon Steak</b>	
Served with fresh pineapple or eggs	£8.75

<b>Breaded Scampi Tartare</b>	
Served with chips and peas	£8.95

<b>Butterfly Chicken &amp; smoked Bacon Melt</b>	
Chicken breast, bacon and cheese	£8.75

<b>Char Grilled 100% Double Beef Burger</b>	£7.95
Topped with grilled Bacon & cheese (replace beef burger with chicken breast fillet)	

[ALL MAIN COURSES SERVED WITH EITHER CHIPS, JACKET POTATO, PEAS OR SALAD](#)

## JACKET POTATOES

All served with a mixed salad & butter

<b>Prawns, Peppers &amp; Sweet Chilli Sauce</b>	£6.75
<b>Tuna &amp; Sweetcorn</b>	£6.50
<b>Bacon, Mushroom &amp; BBQ sauce</b>	£6.75
<b>Baked Beans or Coleslaw</b>	£5.95
<b>Cheese</b>	£5.95
<b>Prawns with Marie-Rose Sauce</b>	£6.95
<b>Gammon Ham &amp; Pineapple</b>	£6.50

## PLOUGHMANS

**Cornishman's**  
Hogs pudding & Hand-cut Ham

**Traditional**  
Thick chunks of Cheddar

All served with crusty bread, pickled onions,  
Chutney, salad garnish

**All priced at £6.95**

## **SPECIALS OF THE DAY**

Please see specials board

## PANINIS

Served with salad garnish & crisps

**Ham, Cheese & Mango Chutney**

**Bacon, Brie & cranberry**

**Char Grilled Chicken & Bacon with cheese**  
**Bacon, Mushroom & Cheese (stilton or cheddar)**

**Tuna, Sweet corn & Cheese**

**Roasted Falafel, grated carrot, cheese with Mint**  
**Mayonnaise**

**Chicken, red onion, cheese & Sweet chilli sauce**

**Italian- sundried tomato, pesto, & Italian Ham**  
**& cheese**

**Cornish Sliced Local Hogs Pudding, Ham**  
**mushrooms & cheese**

**Old Smokey - bacon, barbecue sauce & cheese**

**All Paninis --£5.75**

(add a portion of chips for only £1.25 extra)

## SANDWICHES

Available on White or Brown Bread served with  
salad garnish

<b>Gammon Ham</b>	£4.50
<b>Cheese &amp; Pickle</b>	£4.25
<b>Tuna Mayonnaise</b>	£4.25
<b>Bacon</b>	£4.50
<b>Sausage</b>	£4.50
<b>Bacon &amp; Egg</b>	£4.75
<b>Prawn Marie-Rose</b>	£4.95
<b>Bacon &amp; Mushroom</b>	£4.50

**Available in a warm baguette for extra 75p**

Add a portion of chips £1.25 extra

# The Cornish Arms Frogpool

PLEASE CHECK OUR SWEET BOARD  
FOR SWEETS OF THE DAY

01872 863445

## COFFEES ALL AT £2.50

Cappuccino	
Café Lungo	
Latte Macchiato	
Chococino	
Plain Black or White	£1.75
Decaffeinated	
Pot of Tea (per person)	£1.75

## LIQUER COFFEE £4.25

## TRADITIONAL SUNDAY LUNCH

### MAIN COURSE With choice of meats £8.75

### & SWEET £11.25

**Vegetarian option available – please ask  
the Waitress (pre-order if possible)**

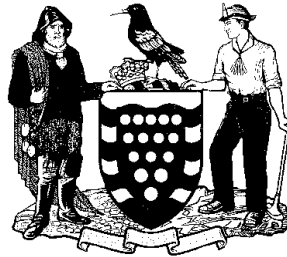
## FOOD AVAILABLE

Monday	-----
Tuesday	12-2.00 & 6-9
Wednesday	12-2.00 & 6-9
Thursday	12-2.00& 6-9
Friday	12-2.00& 6-9
Saturday	12-2.00 & 6-9
Sunday	12-2.00 & 6-8.00

To avoid disappointment please make a table  
reservation on **01872 863445**



## LUNCH MENU



### PLEASE NOTE:

Meals may take longer during busy times  
as everything is cooked to order. If you  
are in a rush please mention this to the  
staff when placing your order and we will  
do our best to accommodate your request

We also cater for birthdays, weddings,  
special occasions and meetings.

**Special menus can be arranged, please  
speak to Tim or Jane to discuss your  
requirements**

*If you enjoyed your meal please tell others, if for  
some reason it did not meet your expectations  
please tell us.*

## What's on at the Cornish Arms, Frogpool

Monday	BINGO – 8pm start Euchre Drive – 8pm start
Tuesday	Free Pool Table
Wednesday	Normal menu
Thursday	Special - Pie & a Pint (drink) £8.75
Friday	Special – Fish night
Saturday	Normal menu
Sunday	Traditional Sunday Lunch