Frogpool, Cornwall TR4 8RP 01872 863445 info@cornisharmsfrogpool.com



www.cornisharmsfrogpool.com facebook @CornishArmsFrogpool twitter @CornishFrogpool

GF: Gluten Free, *VG*: Vegetarian, *VE*: Vegan If you have any allergies or special dietary requirements please talk to a member of staff

Starters

Breaded Garlic Mushrooms £6.50

Served with a choice of garlic, sweet chilli, BBQ or blue cheese dip VG

Crispy Coated Chicken Wings £6.25

King Prawn Skewers £6.95 Served on a bed of salad leaves with sweet chilli sauce

Classic Prawn Cocktail £6.95 Served with mixed leaves, Marie Rose sauce and brown bread

> Halloumi Fries £5.25 Served with a sweet chilli dip VG

Salt and Pepper Squid £5.95 Served with a lemon mayo dip

Burgers

"Arms" Burger £12.95

Double 4oz beef burger topped with bacon, cheese and mushrooms. Served with chips, onion rings and coleslaw

Chargrilled Chicken Melt Burger £13.50

Chargrilled chicken breast topped with bacon cheese and BBQ sauce. Served with chips, onion rings and coleslaw

Southern Fried Chicken Burger £10.95

Coated chicken breast with lettuce, tomato and mayo. Served with chips, salad and coleslaw

Cornish Arms Garden Burger £9.75

6oz vegetable patties with salsa, lettuce and tomato. Served with chips, salad and coleslaw GF, VG, VE

Sharers

Cornish Arms Platter £13.95

Garlic ciabatta, chicken wings, onion rings, halloumi fries, breaded mushrooms. Served with BBQ, garlic and sweet chilli dips and homemade coleslaw

Camembert £8.95

Slow cooked garlic studded camembert. Served with toasted ciabatta bread VG

Nachos £6.95

Served with salsa, guacomole, soured cream, jalapeños and melted cheese VG

Cornish Arms Chips

Large £5.95 small £4.50 Topped with ham, red onions, cheese and sweet chilli sauce **GF**

Loaded Veggie Chips

Large £5.95 small £4.50 Topped with mushrooms, red onions, cheese and sweet chilli sauce GF, VG

From the Grill

Horseshoe Gammon Steak £11.25

10oz Cornish horseshoe gammon steak served with chips, peas and eggs, pineapple or both **GF**

8oz Rump Steak £15.95

8oz Sirloin Steak £17.95

8oz Ribeye Steak £17.95

All steaks cooked to your liking. Served with chips, peas, mushrooms, tomato and onion rings

Add homemade peppercorn or Stilton sauce for £2.50

Make it a surf and turf with garlic butter or beer battered king prawns for an extra £3.50

From the Sea

Fish, Chips & Peas £11.75

Beer battered fillet of cod served with chips and a choice of garden or mushy peas

Scampi, Chips & Peas £12.95

Breaded scampi served with chips and a choice of garden or mushy peas

Seafood Basket £12.50

Salt and pepper squid pieces, squid rings, butterfly prawns and cod goujons. Served with chips, salad and coleslaw

Baked Cod & King Prawn Mornay £13.95

Baked fillet of cod and king prawns in a Mornay sauce. Served with chips and peas **GF**

Pauline's Fish Pie £14.50

Available Thursday - Saturday Chunks of cod, smoked haddock, salmon and king prawns in a creamy cheese sauce and hard boiled egg all topped with mashed potato, cheese and tomato

Sides

Portion of Chips £3.75 GF, VG

Cheesy Chips £4.50 GF, VG

12 Onion Rings £2.95

VG

Baked Garlic Ciabatta £2.95 VG Add cheese for 75p

Mixed Leaf Side Salad £2.75

GF, VG, VE

Homemade Coleslaw £2.25

VG

Cornish Arms Classics

Gammon Ham, Egg & Chips £9.75

Hunters Chicken £10.95

Chargrilled chicken breast topped with fresh pineapple, bacon, cheese and BBQ sauce. Served with chips and peas

Homemade Lasagne £9.95

Meat or Mediterranean vegetable (VG) lasagne. Served with chips, salad, coleslaw and a baked garlic ciabatta

Chef's Curry of the Day £9.95

Served with rice, chips or half 'n' half, poppadoms, naan and mango chutney

Chicken Michelle £11.50

Breast of chicken in a bacon, cheese and mushroom sauce. Served with chips and peas

Pork Loin Steak £12.95

Pork loin steak in a wholegrain mustard and mushroom sauce. Served with chips and peas **GF**

Children's Meals

All served with chips, peas or beans and include a 125ml tub of Callestick ice cream and a fruit shoot £7.95

Sausages

Cod Goujons

Chicken Dippers

4oz Cheeseburger

Homemade Meat or Veggie Lasagne

Coffee, Specials & Desserts of the Day

Desserts of the Day and coffee available please ask a member of staff Specials of the Day available please see our specials board

All our meals are cooked to order and so there may be a longer wait for food during busy times With all of our main meals the chips can be replaced with jacket potato and peas replaced with salad