THE CORNISH ARMS FROGPOOL 01872 863445

LUNCH MENU

Light Bites

Rustic Potato Wedges with a choice of one dip £2.75

Breaded Garlic Mushrooms with a choice of one dip £4.25 Choice of Dips: Garlic Mayonnaise, sweet chilli, BBQ or Blue Cheese

Breaded Brie Wedges served with a salad garnish and Cranberry dip £4.95

Nachos served with Salsa, Guacamole, Jalapeños and Cheese £4.50 (add pulled pork topping for £1.50 extra)

King Prawn Skewers served on salad leaves with sweet chilli sauce £5.95

Sticky BBQ Chicken wings topped with Sesame Seeds £5.25

Cornish Arms Chips (topped with ham, red onions, cheese and sweet chilli sauce) £4.50

Loaded Veggie Chips (as above but with mushrooms in place of ham) £4.50

Portion of chips £2.75 (add cheese for 75p extra)

Portion of 12 onion rings £2.25

Baked Ciabatta roll with homemade garlic butter £2.00 (add cheese for 75p extra)

Sandwiches £5.25

Choice of:Tuna Mayonnaise
Cheese and Pickle
Gammon Ham
Bacon and mushroom
Prawn Marie Rose sandwich - £6.25
(brown or white bread)

Paninis £5.95

Bacon, Brie and Cranberry
Chargrilled Chicken with bacon and cheese
Bacon, Mushroom and Cheese
Ham & cheese
Old Smokey (Bacon, BBQ sauce and cheese)

Vegetarian option: Cheese, peppers, onions and mushrooms

For Paninis and Sandwiches: add a portion of chips for £1.50 extra

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LUNCH MENU

Jacket Potatoes £6.95

Tuna Mayonnaise
Baked beans or Coleslaw
Cheese
Bacon, Mushroom & BBQ Sauce
Gammon Ham & Pineapple
Prawn Marie-Rose - £7.50
Prawns, Peppers & Sweet Chilli Sauce - £7.50

Ploughman's Lunch £7.75

Cornishman's - Hogs pudding & Hand cut Ham
Traditional - Thick chunks of Cheddar
(All served with Crusty bread, pickled onions, Chutney and salad garnish)

Bigger Bites

Cornish Arms burger-Double 4oz Beef burger, topped with Bacon, Cheese, Mushrooms served with Chips, Onion rings and Coleslaw £8.50

Chargrilled Chicken Burger- Chicken breast topped with Bacon, Cheese and BBQ sauce served with Chips, Onion rings and Coleslaw £8.50

Breaded Scampi and Chips or Jacket, served with Garden or Mushy Peas £10.75

Beer battered fillet of Cod and Chips or Jacket, served with Garden or Mushy Peas £8.75

Hand carved Gammon Ham, Eggs and Chips £8.25

Home made lasagne served with Chips, Coleslaw and Garlic bread £8.75 or

Vegetarian Lasagne (as above)

Pineapple Chicken breast of Chicken, pepper and pineapple with sweet chilli sauce, served with yellow rice and chips £9.25

Children's Meals £4.95 each

Sausages Fish dippers Chicken Dippers

all served with chips and garden peas or baked beans
Jacket potato with cheese & Baked beans or Tuna Mayonnaise

Desserts of the Day Available - please ask member of staff

****If you have any specific dietary requirements please let a member of staff know****